# ORIGINS

## REGIMEN

### STEP 1: CLEANSE

**AM: Cleanse**
**PM: Double Cleanse**
with C&B Milky Oil Cleanser

### STEP 2: PREP

**MMTL to strengthen skin barrier and sooth irritation**

### STEP 3: TREAT

MMRSC to repair a compromised skin barrier over time with 3 actions: Recover, Repair, Resists

### STEP 4: HYDRATE

**PM: MM Overnight Recovery Cream**
to hydrate & lock in moisture

### STEP 5: TARGET

**Eyecare according to concern**

### STEP 6: PROTECT

**Suncare**