






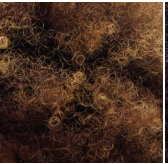












# TEXTURED HAIR: CLEANSE, TOOLS, HEAT

wavy			curly			coily		
								
2A subtle	2B medium	2C strong	3A subtle	3B medium	3C strong	4A subtle	4B medium	4C strong
								
2A subtle	2B medium	2C strong	3A subtle	3B medium	3C strong	4A subtle	4B medium	4C strong
CLEANSE								
Shampoo 2–3 times a week	Shampoo 1–2 times a week	Shampoo once a week	Shampoo every 2 weeks	Shampoo every 2 weeks	Shampoo every 2–3 weeks	Shampoo once a month	Shampoo every 6–8 weeks	Shampoo every 6–8 weeks
Co-wash as desired				Co-wash as desired, but check water		Co-wash once a week maximum	Co-wash every 1–2 weeks	Co-wash every 2 weeks
				Wet hair every 3 days (3B–4A) or dampen every 4–5 days (4B–4C) with soft water, and apply a leave-in or refresh product.				
HEAT								
No iron				300°–325° F 149°–163° C	325°–375° F 163°–190° C	350°–400° F 177°–204° C	400°–425° F 204°–218° C	425°–450° F 218°–232° C
TOOLS								
• Ceramic round brush • Flat oval, mixed bristle brush			• Flat oval, mixed bristle brush • Italian brush		Flat oval, mixed bristle brush			