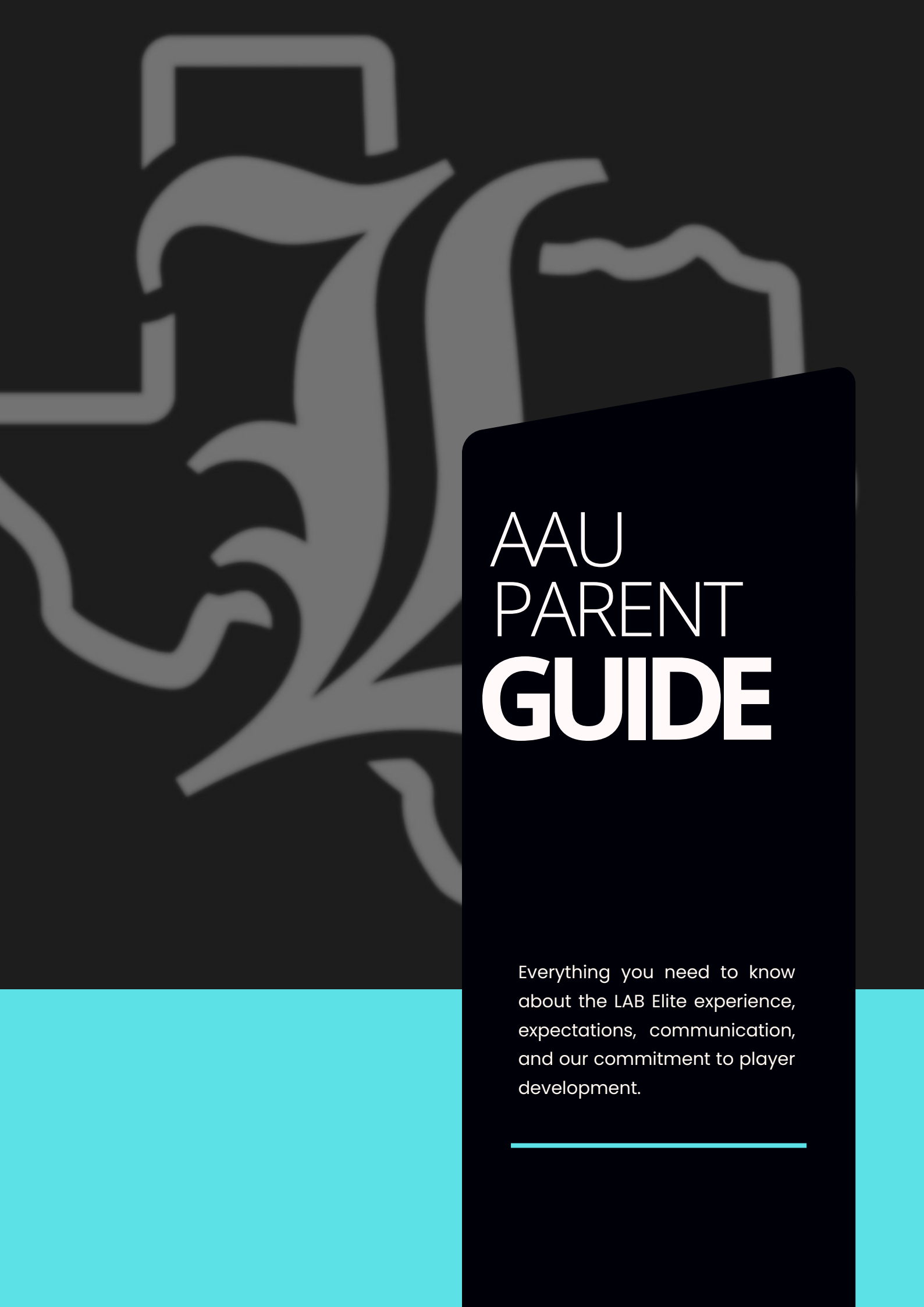




AAU PARENT **GUIDE**

Everything you need to know about the LAB Elite experience, expectations, communication, and our commitment to player development.

TABLE OF CONTENTS

01

AAU Intro

02

The Lab Commitment

03

Player Commitment

04

Why this Matters

05

Tournament Plans

07

Financial Commitment



AAU INTRO

01



Being selected for a LAB AAU team is a privilege. Because roster spots are limited, accepting a position on the team means another athlete may not receive that opportunity.

Before accepting your roster spot, please carefully consider your family's schedule, financial commitment, and ability to complete the season.

OUR COMMITMENT TO YOU

02

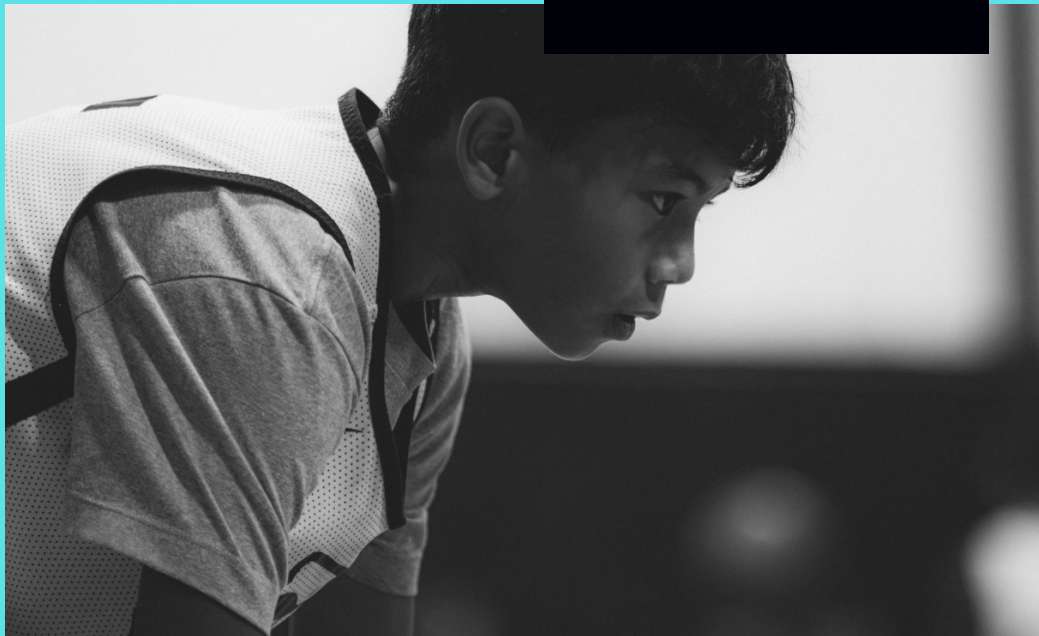


The LAB is committed to providing:

1. Quality coaching and player development
2. A positive, competitive team environment
3. Organized practices and trainings
4. An investment in every athlete's growth on and off the court

YOUR COMMITMENT THE TEAM

03



By accepting a roster spot, the player and parent agree to:

- Attend practices, games, and events
- Arrive on time and prepared
- Communicate promptly regarding absences
- Maintain a positive respectful attitude
- Commit to the team for the entire AAU season
- Purchase both home and away uniform sets, and practice jersey

WHY

04

THIS MATTERS



WHY THIS MATTERS

Basketball is the ultimate team sport-every player matters. When a player leaves during the season, it affects every teammate. It disrupts team chemistry, practice planning, tournament participation, and, in some cases, may leave the team without enough players to compete. If your family is uncertain about completing the season, we respectfully ask that you decline the roster spot so another athlete has the opportunity.

TOURNAMENT SCHEDULING EXPECTATIONS

05



AAU basketball is tournament-based, which means schedules, locations, and game times are not always known far in advance. All schedules released are tentative and subject to change. Families must be flexible.

The LAB registers our teams for tournaments, but the tournament organizer controls the tournament schedule and logistics. Once we register, we are dependent on the tournament organizer for:

- * Game times, gym/facility locations
- * Schedule changes
- * Tournament admission and parking policies



Schedules Are Tentative

Tournament schedules may be released only a few days before an event and can change even after they are posted. Changes can happen because of team withdrawals, bracket adjustments, gym availability, weather, facility issues, or other tournament logistics.

Flexibility is an important part of AAU basketball.

COMMUNICATION & PARENT RESPONSIBILITY

The LAB uses SportsYou as our primary communication platform. It is important that parents download the app, turn on notifications, and check it regularly.

The LAB will communicate confirmed information to families as soon as it becomes available.

Parents are responsible for:

- * Monitoring SportsYou regularly
- * Reading team communications in their entirety
- * Keeping notifications turned on
- * Making sure players arrive at the correct location and time

BE PREPARED FOR TRAVEL & FLEXIBILITY

AAU tournaments may require travel to different gyms, cities, or facilities. Families should be prepared for:

- * Early morning or late games
- * Multiple games in one day
- * Long breaks between games
- * Games at different facilities
- * Schedule changes
- * Weekend travel
- * Possible overnight stays
- * Tournament admission, parking, meals, gas, and other travel expenses

Please avoid making firm travel or personal plans until schedules have been confirmed

FINANCIAL COMMITMENT

07



AAU team expenses are planned based on the number of players who accept a roster position.

Monthly team fees help cover expenses such as tournament entry fees, coaching, gym rentals, insurance, team administration, and other operating costs that are committed on behalf of the team. By accepting a roster spot, the player and parent acknowledge they are making a financial commitment for the season in addition to a team commitment.

If a player chooses to leave the team before the season concludes, **the remaining seasonal financial commitment will still be due**. This policy helps ensure that the financial responsibilities of the team are shared fairly and that one family's decision does not create an unexpected financial burden for the remaining players and families.